

BUTTERFIELD BULLFROG SWIM & DIVE TEAM

SWIMMER/PARENT HANDBOOK



SUMMER 2011



BUTTERFIELD PARK DISTRICT

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PARENT / SWIMMER HANDBOOK

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WELCOME TO THE SWIM TEAM

Welcome to the Butterfield Park District Swim Team!! The "Bullfrogs", is a swim team that offers individuals the chance to excel with their swimming talent, while encouraging a team spirit that unites us all. Your child will have the opportunity to swim competitively, to be a team member, to learn, practice and refine new strokes, turns, and swimming techniques. We are very proud of our team record and overall history. Welcome to new members as well as returning members to the team.

The handbook has been compiled to provide swimmers and their parents with everything one needs to know about the Butterfield Swim Team. Being on the team is a family commitment, as the responsibilities for running a swim team such as ours are equally shared by both the swimmers and parents. Working together, the Butterfield Bullfrog Swim Team is more successful and more enjoyable for everyone!

Please be sure to read this handbook thoroughly. Any questions can be directed to any member of the Butterfield Swim Team Board.

2011 Butterfield Swim Team Parent Board

President	Jay Sundberg	Jaywsun@comcast.net	514.4108
Vice President	Dan Yangas	dpy63@comcast.net	
Registration Secretary	Maggie Gibson	joint@davegibson.net	793-9182
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Meet Directors (Deck)	Jeff Jacobson Mary Edwards Rick Reese	lawjake12@yahoo.com meedwards27@aol.com reeserus@comcast.net	460.3006 240.1036 705.0809
Meet Directors (Table)	Anne Garza Kim Theodore (Ribbons)	garza9918@sbcglobal.net theofam5@comcast.net	
Concessions	Cara Janis Krygers	zip24@comcast.net	705.0809
Team Clothing	Linda Parchem	Parchem5@msn.com	832-1451
Conference Rep.	Dan Yangas		
Team Records	JoAnne Sundberg	josundberg@comcast.net	699.3472

2011 Season Coaches- Michelle Woodring, Scott Robson, & Ashley Kryger.

SWIMMER AND PARENT RESPONSIBILITIES



Parent Responsibilities

1. Each family must volunteer to help at a minimum of 5 swim meets. A family volunteer must be 18 years of age or older. Swimmer will be scratched from the meet if parents do not meet their obligation.
2. Parents are not allowed on the Pool Deck at any time during practice.
This policy will be strictly enforced by the Park District.
3. Read Swim Team Information on the team website (www.butterfieldbullfrogs.org), team newsletter, and other information your child brings home so you can be informed.
4. Do not drop off your child for the swim meets. They need to be supervised at all times and this is a family program.
5. Inform coaches **3 DAYS IN ADVANCE IN WRITING** if your son or daughter will not be able to attend a meet that they had previously committed to.

Swimmer Responsibilities

1. Come to practice everyday and be on time.
2. Be prepared properly for practices and for meets;
Every swimmer should have:
 - A team swim suit
 - A team swim cap
 - Several towels
 - Goggles
 - Sweats/ warm clothing
 - A sleeping bag for night meets
 - A good, positive attitude
3. Check Swim Team Website for notices and special information. Take handouts home.
4. Take shower before entering pool.
5. Listen to the coaches - don't enter water without their permission.
6. Good attendance at swim practices - attendance will be taken.

PRACTICE SCHEDULE



The Swim Team season begins May 23, with afternoon practice starting at 4:00 pm and 5 pm. Swimmers will be notified for their time session. Evaluations for new participants will be held on Friday June 3, 2011. Minimum skill level requires a swimmer to swim one length of the pool (25 yds).

PRACTICE TIMES: Beginning June 13th, 2010

Monday to Friday

7:00 A.M. – 10:15 A.M.

Swimmers are encouraged to attend practice daily.

Ages 13 and over practice from 7:00 AM – 8:15 AM

Ages 9-12 practice from 8:15 AM to 9:30 AM

Ages 8 and under practice from 9:30 AM -10:15 AM

ATTENDANCE AT PRACTICE

Attendance will be taken every morning. Those swimmers showing team dedication by attending practices on a daily, regular basis will swim in meets more often than swimmers who do not participate in practices as much.

Those swimmers who are members of another swim team during our season, must inform their practice schedule to our coaches. They are also required to be at a minimum of one (1) Butterfield Bullfrog practice a week.

PRACTICE IS ALMOST NEVER CANCELED. If the weather is unsuitable for swimming, swimmers will exercise in the Park District building.

Swimmers will practice with their assigned groups. To swim at a different practice time, a swimmer must receive prior approval from the coaching staff.

Additional Practice Time

Stoke clinics are available through registration with the district. The clinics offer additional swim time to work on your strokes such as Freestyle, Backstroke, Breaststroke, Butterfly, turns, starts, and preparation for conference.

Absences

It is essential *NOT* to miss practice. If you know you will have to miss practice, please tell the coach as soon as possible. In cases such as vacations etc., please provide the coach with a written excuse from a parent at least 3 days in advance.

BULLFROG BEHAVIOR

All members of the Butterfield Bullfrogs Swim Team are expected to exhibit only the best in behavior at all practices, in the bullpen, at meets and other team activities. These areas include:

Sportsmanship... cheers and supports all swimmers, win and lose graciously.

Proper language... is expected at all times. Profanity, either written or verbal, during the swim meet is prohibited by Conference Rules. This will result in a swimmer being disqualified for that meet. Improper language will not be tolerated during practice or team functions. This is the only warning.

Respect... for coaches, teammates and parent volunteers at all times. Directions are to be followed at all times.

Honesty... Have your equipment well marked with your name. Keep your belongings together at all times. Any swimmer involved in bothering other swimmer's belongings, stealing or damage to any property can be suspended or expelled from the team.

Safety... Follow safety guidelines in and around pool/park district grounds. There is no running on deck at any time. Swimmers should remain with coaches until a parent arrives for pick-up.

Swim Meet Etiquette

1. It is important that you check in with the Bullpen parent and check the team line-up for your events at the beginning of each meet. Write the event numbers on your hand to help you remember.
2. After you swim get out of the pool as quickly as you can, ask the timer for your time, then go immediately to your coach. When the coach is finished talking with you, go directly to the Team Bullpen. *You may not, for any reason, leave the team area without permission of the adult in charge. We should always be able to locate you at a meet.*
3. "Quiet for Start !!" Swimmers, parents and guests will hear this announcement many times during a meet. Quiet at the start permits all swimmers to have an equal opportunity to hear the starter. Also, if the starter must constantly ask for quiet, it slows the meet down quite a bit. Please, when the whistle blows, be quiet for the start.

We ask all swimmers to read and understand behavior guidelines set by the parents and coaches. Everyone will be asked to sign a Discipline Agreement that clearly states procedures and consequences for inappropriate behavior.

GENERAL INFORMATION



DUPAGE SWIM AND DIVE CONFERENCE

We belong to the DUPAGE Swim and Dive Conference. This organization consists of three divisions: White, Red, and Blue. Team placement in these divisions may change from year to year depending on final conference results.

The **White Division** consists of the five strongest teams in the conference:

Bartlett	Roselle
Bloomingtondale	Woodridge
Itasca	

The **Red Division** consists of the next five strongest teams:

Butterfield	Villa Park
Hanover Park	Wood Dale
Lombard	

The **Blue Division** consists of the remaining teams:

Addison	Carol Stream
Bensenville	Glendale Hts

Following the Final Conference "A" meets, the division standings are realigned for the next swim season. The last place team of the White Division moves down to the Red Division, and the winner of the Red Division moves up to the White Division. The Blue Division Winner advances up to the Red Division, and the last place team in the Red Division moves to the Blue Division.

A White Division team can swim against any of the teams in the three divisions during the regular swim season and vice versa. Direct Division competition occurs in the Final "A" and "B" Conferences in July.

Our Butterfield Swim Team Parent Board Representative attends monthly DUPAGE Conference meetings and shares that information with the team.

DUPAGE Conference Responsibilities:

1. Keep records
2. Hold meetings with all the teams
3. Order and pass out supplies for meets
4. Organize official classes
5. Draft schedules for swim and dive meets
6. Handle all conflicts and problems between teams
7. Handling all paper work for all teams

MEET INFORMATION

DUAL MEETS



There are 10 Dual meets during a summer swim season. They are held on Wednesday evenings and on Saturday mornings. The meet will last approximately 3 1/2 - 4 hours. A meet will take place in any weather, with the exception of lightning, which may delay or cancel the meet.

A swimmer can participate in a maximum of 5 events per meet, 3 individual events and two team relays. The events are: Medley Relays, Free Relays, 25, 50, and 100 yard Freestyle, Butterfly, Breaststroke, Backstroke and Individual Medleys. Some swimmers will swim exhibition.

The fastest swimmers are placed in the center lanes. The slower swimmers are placed in the outer lanes.

	Warm-ups	Meet Starts
Wednesday-Home Meets	5:15 PM	6:30 PM
Away Meets	5:45 PM	6:30 PM
Saturday - Home Meets	6:45 AM	8:00 AM
Away Meets	7:15 AM	8:00 AM

*******Very Important:** Inform coaches **3 DAYS IN ADVANCE IN WRITING** if your son or daughter will not be able to attend a meet that they had previously committed to.

CONFERENCE MEET

Conference "A" Meet is held on the last Saturday in July for each respective division. Each team is allowed 2 swimmers per event and only one relay per event. To qualify for this meet, a swimmer must have swum in at least 4 dual meets. The swimmer must have an official time from a dual meet in that event to swim in an event. Usually, the fastest times are used in a Conference meet. Trophies are given to all teams in the division. Ribbons are given to the 1st through 10th place swimmers in individual events.

The Conference "B" Meet is held for the swimmers who do not qualify for "A" Conference. This is done to make the end of the season exciting for all the swimmers. This meet will typically be held on the Saturday before the last Saturday in July (before "A" Conference). If scheduling presents a problem, it may be moved to a Wednesday night. All division teams participate. A team score is kept, with swimmers earning a point for their team for every personal best they post that day. These points are put into a formula which creates an even ratio for all the teams participating. Points will be awarded to teams based on final place, and these points will carry over into "A" Conference. Swimmers are allowed to swim up to 4 events. It is an opportunity for the all other swimmers to get their recognition. Ribbons will be issued for all personal best times.

If you will not be available to swim in the "A" Conference meet, please notify the coaches **by July 1.**

MEET ASSISTANCE NEEDED



Swim team parents have many responsibilities at meets. All meets will run quickly and smoothly with the proper assistance from all involved. Our swimmers are the ones that benefit the most from a meet that is run with all volunteer positions filled.

Please note the following:

1. **At least one person from each family must work five meets. Failure to show for your scheduled volunteer position will result in your child being scratched from a meet.**
2. If you are assigned to a job, please honor your responsibility or get a replacement. Every family is given a team roster at the beginning of the season to use for telephone numbers of other team parents.
3. Try different jobs so you can help anywhere during a meet. Our team has people who are willing to show anyone how to score, ribbon write, monitor the bullpen, time and clerk.
4. Find out when classes are being held to train you and attend. These classes will provide you with certification. You need to be certified to work in "A" conference.

VOLUNTEER NEEDS PER MEET

All meets are run by volunteer parents. Each lane has at least 2 timers. Also required at the pool are 2 stroke judges, 2 turn judges, 2 finish judges, a starter/referee, and a Clerk of Course. Other positions needed are at least 2 ribbon writers, 3-4 scorers, and 2-3 Bullpen Monitors. A family volunteer must be 18 years of age or older.

HOME MEET SET-UP AND TAKE-DOWN

Needed: 5-7 families per meet

Volunteer Arrival time is: Wednesday's 5:00 pm

Volunteer Arrival time is: Saturday's 6:30 am

The Meet Directors supervise the set-up and take-down of all home meets. Set-up on Home meet days usually begins about 1 1/2 hours before the actual meet. Take-down occurs at the end of the meet, and with enough volunteers, is completed within 30 minutes. Assistance and hands on help are needed to:

Set-Up

1. Remove all lounges from pool deck
2. Set up Bull Pen area and Bull Pen Tent
3. Set up Scorer/Ribbon Writer table with chairs poolside

Take-down (everyone is expected to help)

1. Return all lounges to pool deck
2. Clean up entire pool area
3. Take-down Bull Pen Tent and signs
4. Take down Scorer/Ribbon Writer table and put away

BULLPEN

Home Volunteer Arrival time is: Wednesday's 5:30 pm

Home Volunteer Arrival time is: Saturday's 7:00 am

Needed: 2-3 Parents per meet

Swimmers wait in the team "Bull Pen" (team area assigned) until they are called to the Clerk of Course to get their lane card. Event assignments are posted at the Bull Pen and parent volunteers have lists.

Swimmers are to remain in the Bull Pen for the majority of the meet. They may get permission to leave to go to the concession stand, but should notify the parent in charge of their whereabouts. Swimmers are to be ready to swim their event, and are not encouraged to eat and drink excessively.

Appropriate behavior is expected at all times in the Bull Pen. Team spirit and respect for others are the top priority. Swimmers are encouraged to keep their personal items together, labeled with their name. Any stealing, inappropriate language or extreme misbehavior will result in suspension from the team.

CLERK OF COURSE

Volunteer Arrival time is: Wednesday 5:30 pm

Needed: 2 parent volunteers

Volunteer Arrival time is: Saturday 7:00 am

Swimmers report to the clerk of course 2-3 events prior to their event. The Clerk of Course handles the lane cards during a meet. After getting the lane card from the Clerk of Course, the swimmer waits in that area for his/her event. When the Swimmer is called to the blocks, he/she gives the card to a timer for that lane.

STARTER/REFEREE

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 2 parent volunteers (certified) per home meet

TURN JUDGES

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 1 parent volunteer

Monitor that swimmers take legal turn at pool ends.

FINISH JUDGES

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 1 parent volunteer

Monitor that swimmers touch pool properly for legal finish.

STROKE JUDGES

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 1 parent volunteer

Depending on event, Monitor that all swimmers are swimming correctly, doing legal strokes.

TIMERS

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 2 Home team parent volunteers, 1 visiting team parent volunteer per lane (6 lanes)

Volunteers use a stop watch, time all events. There are usually 2-3 timers per lane, at least one representing each team. One of the timers holds the lane cards and records the swimmers times. There is a brief timer's meeting about 15 minutes before each meet to review lane assignments and procedures.

Classes are available for parents wishing to become officials. Parents who have not taken the class can be Timers for Dual Meets, but you must be a certified Timer to work at the final conference meets.

RUNNERS

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 1 parent volunteer per meet

At the end of an event, the Runner collects the lane cards, finish cards and disqualification cards. These cards are turned over to the scorer's table.

SCORERS

Volunteer Arrival Time is: Wednesday 6:00 pm

Volunteer Arrival Time is: Saturday 7:30 am

Needed: 2-3 parent volunteers for each team

The scorers check the cards, average times, add points and record all information for each event. They are usually located at a table within the pool area. Breaks can be taken to watch your swimmer in his/her events.

Dual meet scoring for individual events is as follows: 1st place 5 points, 2nd place 3 points and 3rd place 1 point. Relays are: 1st place 7 points, 2nd place 0 points. When swimming unopposed (no competition from the other team) scoring is: 1st place 5 points, with no second or third place points, but ribbons are awarded to all participants. Unopposed relays are scored 4 points. Ties are scored by adding points together and dividing by 2. There are no points for the next finishing place.

RIBBON WRITERS

Volunteer Arrival Time is: Wednesday 6:00 pm
Volunteer Arrival Time is: Saturday 7:30 am

Needed: 3-4 parent volunteer per meet

Ribbons are always given out to 1st, 2nd, and 3rd place individual events and relays are given 1st place only. Fourth through sixth place ribbons may be given to all swimmers 10 and Under at Home Meets.

Please note: The Butterfield Swim Team will provide ribbons for 1st through 6th place in individual events and 1st through 3rd place in relays for all home and away meets for age groups of 12 and under.

Ribbon writers usually sit with the scorers within the pool area. Breaks can be taken to watch your swimmer in his/her event. This job requires writing the swimmer/swimmers name, swim time, and date on the ribbon label and placing them in a family file. Ribbons are distributed to the swimmers by the coaches at the next available practice.

CONCESSIONS

Volunteer Arrival time is: Wednesday's 5:00 pm
Volunteer Arrival time is: Saturday's 6:30 am

Needed: 3 parent volunteers

Each team provides a concession stand at all home meets. Volunteers assist in setting up, selling, and putting away the concession stand. Volunteers may take a break at appropriate times to watch their swimmer in an event.

ANNOUNCER

Volunteer Arrival Time is: Wednesday 6:00 pm
Volunteer Arrival Time is: Saturday 7:30 am

Needed: 1-2 parent volunteers

The announcer, announces all events for swimmers to get to the clerk of course on time, and any announcements needed for spectators.

BULLFROG RECOGNITION AND AWARDS



Most Improved Swimmer

Presented to one boy and one girl in each age group. Selected by the coaching staff based on overall progress throughout the season.

Bullfrog Award

Presented to one boy and one girl from the team. This award is given to the swimmers who best exemplify the full commitment to self-improvement and excellence in swimming. These swimmers are those who best represent the team, both in and out of the water.

Meet Ribbons

Ribbons are given for individual events for first place through 6th place for ages 12 and under and first through third ages 13 and up. Ribbons are given for relays for first through third place for ages 12 and under, and first place only for ages 13 and up.

Team and Conference Record Breakers

Swimmers will be presented with trophies for establishing Butterfield Team records and DuPage Swim and Dive Conference records. Team records will be posted on the Bullfrog bulletin board in Park District Lobby.

Senior Gift

A Senior gift is presented to swimmers who are completing their last season with the team because of graduation and/or age.

Goodall Award

Every year a parent member is presented the Goodall Award for outstanding service to the Butterfield Swim Team over an extended period of time.

The best reward is that of pride in swimming your best and a job well done. Parents and swimmers are encouraged to support and acknowledge each swimmer's effort every meet!!

SPECIAL EVENTS

Team Black & Gold Meet

The Bullfrogs initiate their season with an in-house team meet at the Park District on Saturday, June 4th. Hotdogs and sodas will be provided for the swimmers and the concessions will be open for family members.

Team Gift

Each year every member of the team receives a team gift. The gift is usually presented after the season has started. This gift is to thank all the swimmers for their efforts and hard work throughout the season.

Team Field Trip

A tradition started in 1994 with a special activity day for the entire team. Previous years we have gone to an area water park. It is a great opportunity for the team to relax and play together! Details for this event will be in the Swim Team Newsletter.

Splash Party

This event will be held on Sunday, July 31, 2011 from 5:30 to 8:00 pm. It is our chance to congratulate and reward our swimmers, and spend a relaxing evening together. All swimmers are recognized at the Splash Party for all their hard work. It is an evening you will not want to miss!!!

Timer/Scorer and Judges Training Classes

Classes are available to parents to become certified timers and judges. You must be certified to to work a conference meet. We need qualified people in order to run the best and fairest meet possible for all swimmers. Some of our parents are due for a re-certification class as well. Conference wide class schedules will be given out as soon as available. Only one evening of your time is needed to take a class. We encourage all timers/scorers to get their judges certification.



Go Bullfrogs!!!!

SWIM TEAM SCHEDULE 2011

Saturday,	June 4	BLACK & GOLD MEET
Saturday,	June 11	WOOD DALE @ BUTTERFIELD
Wednesday,	June 15	BUTTERFIELD @ ADDISON
Saturday,	June 18	ROSELLE @ BUTTERFIELD
Wednesday,	June 22	BUTTERFIELD @ LOMBARD
Saturday,	June 25	VILLA PARK @ BUTTERFIELD
Wednesday	June 29	ITASCA @ BUTTERFIELD
Wednesday,	July 6	BUTTERFIELD @ GLENDALE HTS
Saturday,	July 9	BUTTERFIELD @ CAROL STREAM
Wednesday,	July 13	BENSENVILLE @ BUTTERFIELD
Saturday,	July 16	BUTTERFIELD @ HANOVER PARK
Saturday,	July 23	“B” Conference @ VILLA PARK
Saturday,	July 30	“A” Conference @ BUTTERFIELD

Wednesday Meets start @ 6:30 pm

Saturday Meets start at 8:00 am with exception of Glendale Heights, Roselle, and Wood Dale. They begin at 8:30 am

MEET DIRECTIONS

ADDISON

East of Addison Rd., north of Lake St. (Rt. 20). Lake St. (Rt. 20) east to Addison Rd. Go north one block to Oak St. Oak St. east to pool entrance on north side of street.

BARTLETT

One-half mile east of Rt. 59 on Stearns Rd. Lake St. (Rt. 20) west to Rt. 59. Rt. 59 south to Stearns Road. East on Stearns Rd. to pool. Or, Army Trail Rd. west to Rt. 59. North on Rt. 59 to Stearns, east on Stearns to pool.

BENSENVILLE

East of Busse Rd (83), south of Irving Park Rd (19). Busse Rd (83) north past 290 to Wood Ave., Wood Ave. east to pool on south side of street. Or, Irving Park Rd. (Rt. 19) east to Busse Rd. (Rt. 83). Busse Rd. south to Grove. Grove east to Ridgewood. South on Ridgewood to Wood, west on Wood to pool. (Median on Rt. 83 cannot be crossed going southbound.)

BLOOMINGDALE

The Oasis is located at 172 S. Circle Avenue in Bloomingdale adjacent to the Johnson Recreation Center at the Bloomingdale Park District. From the west, take Lake Street (20) past Bloomingdale Road to Fairfield Way. Turn right heading south, go past Schick Road, turn left into the Westfield Middle School Parking Lot. From the east, take Lake Street (20) past Glen Ellyn Road to Fairfield Way. Turn left heading south, go past Schick Road and turn left into the Westfield Middle School Parking Lot. Parking is available at the Westfield Middle School, not the Oasis parking lot. Park and follow the walking path to the Oasis. **PLEASE DO NOT PARK IN THE OASIS PARKING LOT.** Additional parking, if needed, is located just south of the Westfield School off of Fairfield Way at Circle Park. A walking path is available from the parking lot to the Oasis.

BUTTERFIELD

North side Butterfield Rd. (Rt. 56), east of Rt. 53 and west of Rt. 355. Rt. 53 south to Butterfield Rd., east 1 block to pool on north side of street. Or Rt. 355 to Butterfield Rd. (Rt. 56), west to pool.

CAROL STREAM

At West Chicago High School: Roosevelt Road West to Joliet St. North on Joliet St. Pool is on the right (north) side of building.

GLENDALE HTS.

East of Bloomingdale Rd. between North Ave (Rt. 64) and Army Trail Rd. Bloomingdale Rd. to Fullerton. Fullerton east to Sports Hub on north side of street.

HANOVER PARK

Seafari Springs Water Park, 1700 Greenbrook Blvd (830-0330). East of Elgin O'Hare Expressway. Lake St. (Rt. 20) to Greenbrook Blvd. Greenbrook .6 miles to Seafari Springs Water Park.

ITASCA

One mile east of Rt. 53, south of Irving Park Rd (19). Irving Park Rd east to Catalpa St. South on Catalpa to pool parking lot, directly south of Itasca Community library.

LOMBARD

Paradise Bay Water Park 433 E. St. Charles Rd. Lombard. Corner of Grace & St. Charles Rd.

ROSELLE

Kemmerling Pool: East of Roselle Road and south of Irving Park Rd. Irving Park Rd to Prospect. South on Prospect 4 blocks to pool. Or Roselle Rd. north to Ardmore. East on Ardmore 1 block to Prospect, south on Prospect 2 blocks to pool.

VILLA PARK

Roosevelt Rd east to Ardmore Ave, north on Ardmore to Vermont, left on Vermont to Harvard, left on Harvard to pool. Or, North Ave. (Rt. 64) east to Addison, south on Addison to Vermont, east on Vermont to Harvard, south on Harvard to pool.

WOOD DALE

North of Irving Park Rd (19) west of Wood Dale Rd. Irving Park Rd east to Wood Dale Rd., Wood Dale Rd. north to commercial (just over the tracks). West on Commercial 1/2 block to pool entrance.

WOODRIDGE

Cypress Cove, 8301 S. Janes Ave (985-5620) South on 355 to 75th St. Right (west on 75th to Janes Ave. (first light) Left (south) on Janes Ave. past 83rd St. to pool.

SWIM MEET EVENT SHEET

Girls Event #	Age Level	Event	Boys Event #
1	8 and Under	100 Yard Medley Relay	2
3	9 -10	200 Yard Medley Relay	4
5	11-12	200 Yard Medley Relay	6
7	13-14	200 Yard Medley Relay	8
9	15-18	200 Yard Medley Relay	10
11	8 and Under	25 Yard Freestyle	12
13	9-10	50 Yard Freestyle	14
15	11-12	50 Yard Freestyle	16
17	13-14	50 Yard Freestyle	18
19	15-18	50 Yard Freestyle	20
21	8 and Under	100 Yard Freestyle Relay	22
23	9-10	100 Yard Individual Medley	24
25	11-12	100 Yard Individual Medley	26
27	13-14	100 Yard Individual Medley	28
29	15-18	100 Yard Individual Medley	30
31	8 and Under	50 Yard Freestyle	32
33	9-10	100 Yard Freestyle	34
35	11-12	100 Yard Freestyle	36
37	13-14	100 Yard Freestyle	38
39	15-18	100 Yard Freestyle	40
41	8 and Under	25 Yard Butterfly	42
43	9-10	50 Yard Butterfly	44
45	11-12	50 Yard Butterfly	46
47	13-14	50 Yard Butterfly	48
49	15-18	50 Yard Butterfly	50
51	8 and Under	25 Yard Backstroke	52
53	9-10	50 Yard Backstroke	54
55	11-12	50 Yard Backstroke	56
57	13-14	50 Yard Backstroke	58
59	15-18	50 Yard Backstroke	60
61	8 and Under	25 Yard Breaststroke	62
63	9-10	50 Yard Breaststroke	64
65	11-12	50 Yard Breaststroke	66
67	13-14	50 Yard Breaststroke	68
69	15-18	50 Yard Breaststroke	70
71	9-10	200 Yard Freestyle Relay	72
73	11-12	200 Yard Freestyle Relay	74
75	13-14	200 Yard Freestyle Relay	76
77	15-18	200 Yard Freestyle Relay	78

GLOSSARY

Blocks	The platforms used by the swimmers for their starts. Swimmers should be in place behind the blocks until they are told to stand on them. Younger swimmers may start from the edge of the pool until they feel comfortable with diving from the blocks.	
Bull Pen	The place where swimmers wait to be called for their events. Swimmers sit in the Bull Pen until they are called to go to the Clerk of Course.	
Clerk of Course	Swimmers report to the Clerk before their event receive their lane assignments.	
D.Q.	Disqualification. A swimmer will be disqualified from an event if he has two false starts or swims a stroke incorrectly. Swimmers in the 8 and under group are given some latitude for the purpose of instruction at the beginning of the season.	
Event Card	Given to each swimmer before an event. Card includes the swimmers name, event number and lane assignment. The swimmer then gives this card to the timer in an assigned lane.	
Event Distances	25 Yards = one length 50 Yards = two lengths	100 Yards = four lengths 200 Yards = eight lengths
Free Relay	Four swimmers, each swimming freestyle.	
I.M.	Individual Medley - One swimmer swimming one length of each of the four strokes, fly, back, breast and freestyle.	
Medley Relay	Four swimmers, each swimming a different stroke, back, breast, fly, and free.	
Referee	Person responsible for settling any disputes that arise during the meet. Determines if the meet should be canceled or delayed due to inclement weather.	
Runner	Person who collect the cards from the timers after each event and takes it to the scoring table.	
Starter	Person responsible for calling swimmers to the blocks and starting each event with the starting device.	

BUTTERFIELD BULLFROG BEHAVIOR CONTRACT

Butterfield Swim Team Behavior Contract

Butterfield Swim Team members and parents are expected to exhibit appropriate behavior at all times. This includes practices, during meets, in the bullpen and at all team activities. Swimmers are expected to show give respect for all coaches, parents and other team members, use proper language, follow all safety guidelines, Park District Rules, Code of Conduct, display honesty, and show good sportsmanship.

Swimmers/Parents who do not follow these behavior guidelines will be disciplined and receive consequences in the order below.

Behavioral Consequences:

1. Verbal Warning
2. Written Warning
Swimmers will sit out a portion of that practice.
Parent will not be allowed to attend the next swim meet.
3. 2nd Written Warning
Swimmers will be removed from practice and parents will be contacted by the coach.
Parent will be removed from swim meet attendance for the rest of the season.

If the same poor behavior continues, the following consequences go into effect in order:

4. Swimmer will only swim one event at the next meet.
5. A conference will be held to include coaches, parents, Parent Board representative (and swimmer as appropriate) to determine further discipline measures.

Other discipline options will be available to use at all times if necessary such as:

1. Swimmer suspension from team (for designated period)
2. Swimmer expulsion from team for remainder of season...no refunds
3. Parent suspension from all swim meets for the next season.

Other Notes:

*There is a no tolerance rule in effect for stealing or destruction of property. A parent must sign up and WORK a min. of 5 meets. Swimmers will be scratched from the meet if they fail to do so. If you cannot attend a meet, notify the coach **IN WRITING AT LEAST THREE (3) DAYS BEFORE THE MEET. Failure to do so or If a swimmer is late or misses warm ups, they will be scratched from the meet.** Each family is responsible to meet their \$55.00 fundraising commitment.*

PARENTS WILL NOT BE ALLOWED ON THE POOL DECK DURING PRACTICE.

**I have received and read the Bullfrog swimmer/parent handbook.
I agree to the above rules and policies.**

Parent Signature

Print Name

Date

Swimmer Signature

Print Name

Date

Director and /or Park Board have the right to amend this behavior or disciplinary issues at any time.

2011 BUTTERFIELD BULLFROGS YES/NO SHEET

Due by June 1, 2011

Circle Yes or No On Each Meet Below

Saturday,	June 4	BLACK & GOLD MEET	YES	NO
Saturday,	June 11	WOOD DALE @ BUTTERFIELD	YES	NO
Wednesday,	June 15	BUTTERFIELD @ ADDISON	YES	NO
Saturday,	June 18	ROSELLE @ BUTTERFIELD	YES	NO
Wednesday,	June 22	BUTTERFIELD @ LOMBARD	YES	NO
Saturday,	June 25	VILLA PARK @ BUTTERFIELD	YES	NO
Wednesday	June 29	ITASCA @ BUTTERFIELD	YES	NO
Wednesday,	July 6	BUTTERFIELD @ GLENDALE HTS	YES	NO
Saturday,	July 9	BUTTERFIELD @ CAROL STREAM	YES	NO
Wednesday,	July 13	BENSENVILLE @ BUTTERFIELD	YES	NO
Saturday,	July 16	BUTTERFIELD @ HANOVER PARK	YES	NO
Saturday,	July 23	“B” CONFERENCE @ VILLA PARK	YES	NO
Saturday,	July 30	“A” CONFERENCE @ BUTTERFIELD	YES	NO

Print Swimmers Name _____

Swimmer Signature _____

Parent Signature _____

Changes in writing three (3) days prior to meet. No Exceptions! Failure to do so or if a swimmer is late or misses warm ups, they will be scratched from the meet.