

ACTIVE ADULT

BUTTERFIELD PARK DISTRICT BUTTERFIELDPD.COM 650-858-2229 2023-

2024

NEW Early Morning Lap Swim

Early Morning Lap Swim is a wonderful opportunity for early morning swimmers. It is for lap swimmers above the age of 18. This program will take place in the Leisure pool during swim team practice. There are 4 lanes available and if needed to be shared amongst other patrons who are registered. Lane sharing is based on speed. Lap swimming is done in a circular motion going down on the right and coming back to the starting point on the left-hand side. This is a pre-registered class only.

Ages: 18+

11529 Jun 5 - Jun 16 M Tu W Th F 7:00 - 9:00am \$40
11530 Jun 19 - Jun 30 M Tu W Th F 7:00 - 9:00am \$40
11531 Jul 5 - Jul 14 M Tu W Th F 7:00 - 9:00am \$32

11532 Jul 17 - Jul 28 M Tu W Th F 7:00 - 9:00am \$40

NEW Saturday Early Morning Lap Swim 11533

Early Morning Lap Swim is a wonderful opportunity for early morning swimmers. It is for lap swimmers above the age of 18. This program will take place in the Leisure pool. There are 4 lanes available and if needed to be shared amongst patrons who are registered. Lane sharing is based on speed. Lap swimming is done in a circular motion going down on the right and coming back to the starting point on the lefthand side. This is a pre-registered class only. No class on Saturday July 1.

Ages: 18+

Jun 10 - Aug 5 Sa 8:00- 10:00am \$40

Aqua Zumba 11409

Known as the Zumba® pool party, the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. This class is appropriate for all fitness levels and requires no swimming or dancing skills. Join the party without the impact! No Class July 3rd

Ages: 18+

Jun 5 - Jul 31 M 6:15 - 7:00pm \$65

Adult Vinyasa Yoga AM

Vinyasa Flow- A yoga practice that centers on linking breath to movement. The instructor strives to create presence in the body and mind while consciously moving the body. Build strength, flexibility, and alignment in a gentle flow class suitable for all yoga levels. Please bring a mat and water.

Ages: 18+

11179 May 2 - May 23 Tu 5:15 - 6:00am \$35

11497 Jun 6 - Jun 27 Tu 5:15 - 6:00am \$35

11498 Jul 11 - Aug 1 Tu 5:15 - 6:00am \$35

11499 Aug 8 - Aug 29 Tu 5:15 - 6:00am \$35

Adult Vinyasa Yoga PM

Vinyasa Flow- A yoga practice that centers on linking breath to movement. The instructor strives to create presence in the body and mind while consciously moving the body. Build strength, flexibility, and alignment in a gentle flow class suitable for all yoga levels. Please bring a mat and water.

Ages: 18+

11183 May 4 - May 25 Th 7:00 - 8:00pm \$40

11500 Jun 7 - Jun 28 W 7:00 - 8:00pm \$40

11501 Jul 12 - Aug 2 W 7:00 - 8:00pm \$40

11502 Aug 9 - Aug 30 W 7:00 - 8:00pm \$40

Beginner Ballroom Dance

Learn how to ballroom dance. This is your opportunity to "Dance Like the Stars!" If you ever thought that learning how the professionals move would be fun, this is definitely the class for you. By Dance Instructor, Jeanette Ibarra. No class 7/3

Ages: 18+

11380 Jun 5 - Jul 17 M 7:00 - 8:00pm \$50/55

11381 Jul 24 - Aug 28 M 7:00 - 8:00pm \$50/55

ADULT VINYASA YOGA Butterfield





ADULT VINYASA YOGA

VVinyasa Flow-A yoga practice that centers on linking breath to movement. The instructor strives to create presence in the body and mind while consciously moving the body. Build strength, flexibility, and alignment in a gentle flow class suitable for all yoga levels. Please bring a mat and water.



PROGRAM SUPERVISOR EMAIL **PHONE**

AM PROGRAMS

11179 May 2 - May 23 Tu

5:15 - 6:00am \$35

11497 Jun 6 - Jun 27 Tu

5:15 - 6:00am \$35

11498 Jul 11 - Aug 1 Tu

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PM PROGRAMS

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11502 Aug 9 - Aug 30 W

7:00 - 8:00pm \$40

Lucas Gallagher lucas@butterfieldpd.com 630-858-2229 x11

GLEN ELLYN The Place To Be

6th ANNUAL Fall Craft Fair

RTS & CRAFT FAIR

THE GLEN in Glen Ellyn

We invite you to join us at the Glen located on the corner of Butterfield and 53 to shop over 30 local crafters and vendors! While you shop at the Glenbriar Park you can take a stroll along the paved path, test your balance and strength on the challenge course. We will have a live band performing as well too! We look forward to seeing you and your family at the Glen! If you are interested in being a crafter or vendor, please contact Deena Wrobbel @ Deena@Butterfieldpd.com.

September 16, 2023 10am-4pm



MICKEY HATFIELD TRIO

3 PM TO 5 PM

JUNE 18TH

BUTTERFIELD PARK DISTRICT 21W730 BUTTERFIELD ROAD



Intermediate Ballroom Dance

Learn how to ballroom dance. This is your opportunity to "Dance Like the Stars!" If you ever thought that learning how the professionals move would be fun this is definitely the class for you. By Dance Instructor, Jeanette Ibarra. Must have instructor approval before registration. No class 7/3

Ages: 18+

11382 Jun 5 - Jul 17 M 8:00 - 9:00pm \$50/55

11383 Jul 24 - Aug 28 M 8:00 - 9:00pm \$50/55

Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party! Zumba Fitness utilizes the principles of fitness interval training to maximize caloric output, fat burning and total body toning. Add some red-hot international music and contagious steps such as salsa, merengue, cumbia, hip hop and a few others - and you've got yourself a "fitness-party"! Who knew exercise could be so much FUN! Ages 13 and up. *Dates are subject to change. Ages: 13+

11538 May 23 - Jun 27 Tu 6:30 - 7:30pm \$36

11539 Jul 11 - Aug 15 Tu 6:30 - 7:30pm \$36

11540 Aug 29 - Oct 3 Tu 6:30 - 7:30pm \$36

Karate

Learn the art of self-defense through drills in kicking, punching, and blocking in this martial art called Shotokan Karate. The course will help develop flexibility, self-discipline, stamina, concentration, and courage. Classes are taught by Master Espiritu, who is a 9th degree black belt, three-time All-Philippines National Champion, and Illinois Forms Champion. Feel free to observe or try a class for free

Sa 12:00 - 4:00pm \$80

Ages: 5+

<u>11056</u> May 4 - May 27 Th F 5:00 - 6:30pm or Sa 12:00 - 4:00pm \$80

11410 Jun 1 - Jun 30 Th F 5:00 - 6:30pm or Sa 12:00 - 4:00pm \$80

 $\underline{11411}\,$ Jul 1 - Jul 29 Th F $\,5:\!00$ - $6:\!30pm$ or

Adult Doubles Pickleball League 11379

Grab a partner and join us in this doubles league! Games will be played every Sunday morning between 9:00am - 12:00pm. This is a doubles league where you will play a different team each week for 7 weeks followed by a single elimination tournament on the 8th week. This is a competitive recreational league. We recommend your skill level is 3.0 and up! The fee pays for BOTH players! *If you or your partner can not make a week you will be responsible for finding your own subs. *No games July 2nd Ages: 18+

Jun 4 - Jul 30 Su 9:00 - 12:00pm \$75

Adult Pickleball

If you are a fan of the popular game of pickleball or if you would like to learn how to play, this class is for you. In this class we will go over the rules, hitting techniques, and have lots of time to play games. This exciting game combines the thrill of tennis without the harsh movement and strain it puts on your body. No Class 6/4

Ages: 18+

11481 Jun 6 - Aug 1 Tu 6:30 - 7:30pm \$150

11482 Jun 6 - Aug 1 Tu 5:30 - 6:30pm \$150

11479 Jun 7 - Aug 2 W 5:30 - 6:30pm \$150

11480Jun 7 - Aug 2 W 6:30 - 7:30pm \$150

DJ @ the Aquatic Center GAC Entertainment 11535

Grab the kids and join the Butterfield Park District for an outdoor DJ and swimming at the pool. What better way to enjoy a summer afternoon than listen to some great tunes at the aquatic center! GAC knows how to get the party started! GAC Entertainment has been providing professional disc jockey services for the Chicagoland and the surrounding suburbs for over 10 years! This event is free with pool membership or daily admission to the pool. All Ages

Jun 11 Su 3:00 - 5:00pm Admission Free with Pool Entry

Concerts @ The Glen - The Mickey Hatfield Trio 11528

Grab the kids and some snacks and join the Butterfield Park District for an outdoor concert. What better way to enjoy a summer evening than to spread out a blanket and listen to some great tunes! All participants need to be accompanied by an adult 18 and older. All Ages

Jun 18 Su 3:00 - 5:00pm Free

New World's Largest Swimming Lesson 11516

Help us be a part of setting a Guinness World Record sponsored by the World Waterpark Association! Participate in one free swim lesson with us and be counted toward a total that could break a world record! This event takes place at aquatics facilities all over the world.

All Ages

Jun 22 Th 10:00 - 11:00am Free

Let's go to the Movies at the Pool!

Grab the kids and some snacks and join the Butterfield Park District for an outdoor movie at the aquatic center. What better way to enjoy a summer evening than to spread out a blanket and see a movie at the pool. Be prepared to laugh like a kid again! All participants need to be accompanied by an adult 18 and older. Movie will begin at dusk. This event is free with a pool membership or daily admission to the pool.

All Ages

11486 "Luca PG" Jun 23 F 8:30 - 10:30pm

11484 "The Bad Guys" Jul 7 F 8:30 - 10:30pm

11485 "Lego Batman Movie" Aug 4 F 8:30 - 10:30pm

Concerts @ the Aquatic Center Chicago Outskirts 11536

Grab the kids and some snacks and join the Butterfield Park District for an outdoor concert. What better way to enjoy a summer afternoon than to spread out a blanket and listen to some great tunes at the aquatic center! The Chicago Outskirts is a 17-piece jazz ensemble founded in 2003 and comprised entirely of women from across the Chicagoland area. This event is free with pool membership or daily admission to the pool. All participants need to be accompanied by an adult 18 and older.

All Ages

Jul 16 Su 3:00 - 5:00pm Free

Family Fun Fest 11196

Ahoy Mates! Come walk the plank with the Butterfield Crew and dive into a day filled with family fun! Your day will be jam packed with fun activities, live DJ, and chances to win awesome raffle prizes. Admission to the pool is also FREE during this event. Walk-in participation welcome! Family Fun Fest is FREE Admission.

All Ages

Jul 22 Sa 12:00 - 3:00pm Free

Concerts @ The Glen - Glen Ellyn Jazz Ensemble 11537

Grab the kids and some snacks and join the Butterfield Park District for an outdoor concert. What better way to enjoy a summer evening than to spread out a blanket and listen to some great tunes! All participants need to be accompanied by an adult 18 and older.

All Ages

Jul 30 Su 3:00 - 5:00pm Free

GLEN ELLYN The Place To Be

6th ANNUAL

Fall Craft Fair

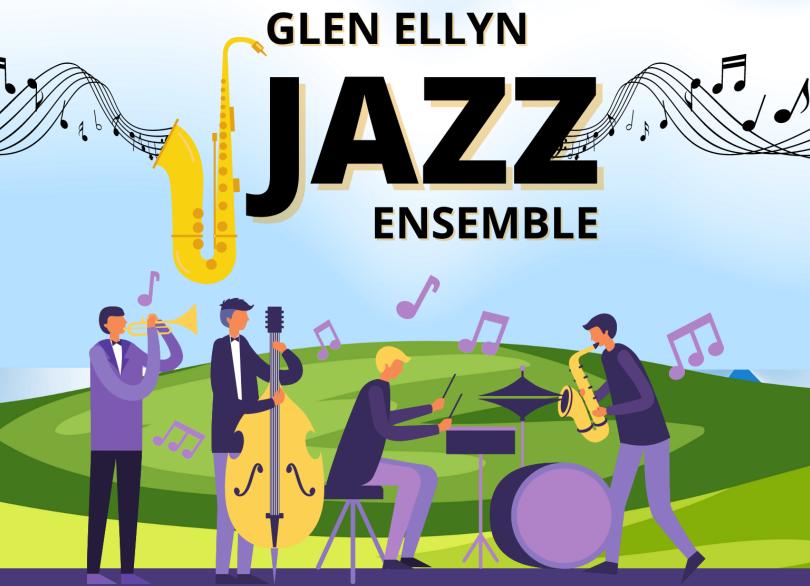
RTS & CRAFT FAIR HEGLEN in Glen Ellyn

We invite you to join us at the Glen located on the corner of Butterfield and 53 to shop over 30 local crafters and vendors! While you shop at the Glenbriar Park you can take a stroll along the paved path, test your balance and strength on the challenge course. We will have a live band performing as well too! We look forward to seeing you and your family at the Glen! If you are interested in being a crafter or vendor, please contact Deena Wrobbel @ Deena@Butterfieldpd.com

September 16, 2023 10am-4pm **BUTERFIELD PARK DISTRICT**

HAPPENING IN GLEN ELLYN

2023 SUMMER SERIES CONCERTS IN THE PARK



Grab the kids and some snacks and join the Butterfield Park District for an outdoor concert. What better way to enjoy a summer evening than to spread out a blanket and listen to some great tunes! All participants need to be accompanied by an adult 18 and older.

Sunday, July 30th 3:00pm - 5:00pm FREE